

September 12, 2009

Tough Cookie Trail Run

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>	<u>Pace</u>
1	Brian Rasmussen	Davis Junction IL	55	35	**** M 35-39	30:22	7:36/M
2	Jeff Winternheimer	Rockford IL	64	45	1 M 45-49	30:24	7:36/M
3	Tom Lichty	Monroe Center IL	48	46	2 M 45-49	31:13	7:48/M
4	Mark Fry	Poplar Grove IL	38	51	1 M 50-54	31:42	7:56/M
5	Patrick Johnston	Rockford IL	44	47	3 M 45-49	33:13	8:18/M
6	Nicholas Foote	Belvidere IL	36	31	1 M 30-34	33:15	8:19/M
7	Daniel Vidican	Rockford IL	59	23	1 M 20-24	34:29	8:37/M
8	Amy Loner	Rockford IL	5	27	**** F 25-29	35:24	8:51/M
9	Mike Mapes	Rockford IL	12	56	1 M 55-59	35:26	8:52/M
10	Jeff Sammon	Rockford IL	17	30	2 M 30-34	35:37	8:54/M
11	Chris Bennett	MacHesney Park IL	73	42	1 M 40-44	35:50	8:58/M
12	Brian Sewell	Rockford IL	68	47	4 M 45-49	36:04	9:01/M
13	Jeremy Peterson	Rockford IL	16	37	1 M 35-39	37:18	9:20/M
14	Darren Seerup	Rockford IL	61	11	1 M 0-14	37:22	9:21/M
15	Guy Pauley	Lanark IL	54	38	2 M 35-39	38:07	9:32/M
16	Robert Molyneaux	Crystal Lake IL	13	37	3 M 35-39	38:18	9:35/M
17	Phil Keating	Rockford IL	46	49	5 M 45-49	38:58	9:45/M
18	George Tillett	Roscoe IL	58	66	1 M 65-69	39:12	9:48/M
19	Tom Olson	Peoria IL	28	31	3 M 30-34	39:44	9:56/M
20	Carol Bingley	Rockford IL	74	42	1 F 40-44	40:01	10:00/M
21	Joyce Kortze	Rockford IL	47	49	1 F 45-49	40:35	10:09/M
22	Jeff Wilmarth	Byron IL	77	57	2 M 55-59	40:39	10:10/M
23	Deb Hayes	Cherry Valley IL	79	39	1 F 35-39	40:49	10:12/M
24	Tina Gonnerman	Ashton IL	39	40	2 F 40-44	41:06	10:17/M
25	Jennifer Paul	Rockford IL	86	26	1 F 25-29	41:21	10:20/M
26	Carol Wilson	Rockford IL	60	56	1 F 55-59	42:06	10:32/M
27	Mark Kalousek	Rockford IL	10	29	1 M 25-29	42:13	10:33/M
28	Ryan Berg	Cherry Valley IL	102	33	4 M 30-34	42:19	10:35/M
29	Barb Doubek	Rockford IL	23	52	1 F 50-54	42:24	10:36/M
30	Todd Modrzejewski	Byron IL	82	48	6 M 45-49	42:35	10:39/M
31	Ruth Larson	Rockford IL	72	63	1 F 60-64	42:52	10:43/M
32	Leslie Stoll	Loves Park IL	75	33	1 F 30-34	42:54	10:44/M
33	David Wedwick	Rockford IL	19	24	2 M 20-24	43:05	10:46/M
34	Regina Bielkus	Rockford IL	31	53	2 F 50-54	43:38	10:55/M
35	Bill Nothof	Rockford IL	85	45	7 M 45-49	44:00	11:00/M
36	Lisa Havener	Genoa IL	41	40	3 F 40-44	44:19	11:05/M
37	Julie Kryger	Elgin IL	11	44	4 F 40-44	44:22	11:06/M
38	Paul MacAluso	Belvidere IL	50	41	2 M 40-44	44:49	11:12/M
39	Xan Milne	Loves Park IL	51	41	5 F 40-44	45:07	11:17/M
40	Jodie Jones	Caledonia IL	45	39	2 F 35-39	45:17	11:19/M
41	Gina Pauley	Lanark IL	53	37	3 F 35-39	45:30	11:23/M
42	Amanda Stienecker	Rockford IL	57	33	2 F 30-34	46:02	11:31/M
43	Michael Modrzejewski	Bartlett IL	80	49	8 M 45-49	46:10	11:33/M
44	Nichole Sammon	Rockford IL	18	30	3 F 30-34	46:17	11:34/M
45	Kathy Bartelt	Durand IL	84	53	3 F 50-54	47:13	11:48/M
46	Deborah Beazley	Sycamore IL	30	45	2 F 45-49	47:29	11:52/M
47	Sheri Nichols	Rockford IL	52	47	3 F 45-49	47:49	11:57/M
48	Ed Clucas	Rockford IL	34	64	1 M 60-64	47:49	11:57/M
49	Steven Safford	Sycamore IL	56	62	2 M 60-64	47:56	11:59/M

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50	Bob Godman	Byron IL	8	69	2 M 65-69	47:57	11:59/M
51	Lori Fry	Poplar Grove IL	37	42	6 F 40-44	49:33	12:23/M
52	Brian Harrison	Rockford IL	40	50	2 M 50-54	49:37	12:24/M
53	Robert Fisher	Byron IL	6	42	3 M 40-44	49:38	12:25/M
54	Chad Cunningham	Winnebago IL	25	42	4 M 40-44	49:56	12:29/M
55	Carrie Young	Rockford IL	21	32	4 F 30-34	50:09	12:32/M
56	Ann Lunde	Plano IL	49	56	2 F 55-59	50:13	12:33/M
57	Monica Wittman	Rockford IL	76	40	7 F 40-44	51:00	12:45/M
58	Kristen Campbell	Rockton IL	26	29	2 F 25-29	52:07	13:02/M
59	Jim Dunkel	Rockford IL	35	72	1 M 70-99	52:20	13:05/M
60	Amy Cunningham	Winnebago IL	24	40	8 F 40-44	52:49	13:12/M
61	Dawn Pfluger	Rockford IL	27	41	9 F 40-44	53:00	13:15/M
62	Beth Hild	Plano IL	42	34	5 F 30-34	53:01	13:15/M
63	Mark Couper	Rockford IL	2	39	4 M 35-39	53:11	13:18/M
64	Becky Gill	Belvidere IL	7	34	6 F 30-34	54:53	13:43/M
65	Dawn Soma	Poplar Grove IL	83	37	4 F 35-39	54:54	13:44/M
66	Kim Linden	Rockford IL	70	38	5 F 35-39	55:52	13:58/M
67	Jim Linden	Rockford IL	71	37	5 M 35-39	55:53	13:58/M
68	Lesly Couper	Rockford IL	1	36	6 F 35-39	56:33	14:08/M
69	Bill Grall	Hanover Park IL	81	34	5 M 30-34	59:03	14:46/M
70	Jami Edmonds	Rockford IL	4	40	10 F 40-44	59:45	14:56/M
71	Mary Nelson	Mount Morris IL	15	52	4 F 50-54	1:00:05	15:01/M
72	Lynsey Wittenberg	Rochelle IL	20	29	3 F 25-29	1:00:08	15:02/M
73	Kim Kirkolis	Davis Junction IL	67	35	7 F 35-39	1:00:14	15:04/M
74	Susan Molyneaux	Rockford IL	14	69	1 F 65-69	1:00:48	15:12/M
75	Evelyn Smith	Rockford IL	69	49	4 F 45-49	1:01:13	15:18/M
76	Barb Joyner	Loves Park IL	9	64	2 F 60-64	1:01:30	15:23/M
77	Margie Deiter	Rockford IL	3	62	3 F 60-64	1:05:52	16:28/M
78	Tim Allgeier	Rockton IL	29	39	M 35-39		
79	Chris Branstiter	Rockford IL	32	30	M 30-34		
80	Keith Branstiter	Rockton IL	33	41	M 40-44		
81	Linda Diamond	Rockford IL	66	32	F 30-34		
82	Kevin Finnestad	Rockford IL	65	40	M 40-44		
83	Richard Fridley	Rockford IL	62	56	M 55-59		
84	Karen Fridley	Rockford IL	63	54	F 50-54		
85	Joan Gillette	Loves Park IL	78	60	F 60-64		
86	Kristy Johnson Moore	Rockford IL	43	47	F 45-49		
87	Patty Zickert	Belvidere IL	22	49	F 45-49		