

ROCKFORD

SEPTEMBER 1990

road runners

STATE STREET MILERS BREAK FOUR MINUTE BARRIER

By **GERRIE GUSTAFSON**

One was expected—but five was unprecedented.

"Illinois' fastest mile" lived up to its billing on Saturday, August 11, when five runners made road racing history by running Illinois' first sub-four minute road race mile in this year's State Street Mile.

The winner, Mark Deady, 22, of Bloomington, IN, was closely pursued by Rodney DeHaven, 24, of Madison, WI; Greg Domantay, 24, of Lake Forest, IL; our own Jeff Jacobs, 26, of Roscoe; and Mike Huffman, 24, of Madison, WI.

Deady crossed the finish line with a time of 3:55.2. He was followed by DeHaven in 3:55.3; Domantay in 3:57.4; Jacobs in 3:58.5; and Huffman in 3:59.6. All five were thrilled by their times and

(photo courtesy of the Rockford Register Star)



The top five finishers in the men's fast heat were always close together throughout the race.

congratulated each other at the finish. Deady set a new course record, bettering the 1989 record of 4:03.1 set by Max Harn of Madison, WI.

Planners of this year's State Street Mile had hoped that the four minute barrier would be broken. However, no one expected five runners to achieve this goal.

The women's race also saw another course record broken. Rachele Roberts, 23, of Columbus, IN, blazed across the finish line with a time of 4:42.3, which broke the 1989 course record of 4:55.5 by Holly Herring of Madison, WI. The next finisher was Jean McGould, of Chicago, in 4:46.4. Rob-

erts' teammate at the University of Iowa, Kim Schneckloth, 23, finished third with a time of 4:48.5. The next finishers were Linda Gill, 32, of Lake Forest in 4:49.7; and Carole Harris, 23, of Chicago in 4:54.4. Rockford's Carolyn Smith finished with a time of 4:59.2.

Both Deady and Roberts won \$600 each for their wins—\$500 for the win and an additional \$100 for new course records—and Deady won an additional \$500 for breaking the four-minute mark.

The downhill course had its advantages; Deady made his move at the

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(photo courtesy of the Rockford Register Star)



Mark Deady

STATE STREET MILE

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three-quarters mile mark where the course goes straight downhill. Roberts also used the course to her advantage, overtaking her college teammate Schneckloth at the half-mile mark.

Kate Hennessey, 44, women's winner in the competitive age heat, remarked that "the mile's too fast," since

Kate is more of a middle distance runner. But the other women in this heat would have disagreed, since Hennessey's time of 5:24—31 seconds ahead of the second place finisher—made Kate too fast, rather than the mile.

Dave Linton, 33, of Roscoe, repeated as the men's overall winner in the competitive age heat with a time of 4:25. Linton bettered his 1989 winning time by eight seconds.

A high school heat was added this year to interest the younger runners, and 26 of them participated. The male winner was Justin Smith, 17, of Sterling, with a time of 4:30. The top female finisher was Cheyenne Schnorr, 16, of Pecatonica, with a time of 5:50.

Other highlights of the evening included the fun run and a kid's quarter-mile "race." Finishers in the kid's race—many of them reluctant to cross the finish line—were rewarded with tiny teddy bears.

This annual event marked the sixth year of the State Street Mile, which is dedicated in memory of Dick Berry,

(photo courtesy of the Rockford Register Star)



Kate Hennessey

one of the race's initial organizers. Special thanks go to this year's committee, which included Dick Green, race director; Craig Young, coordinator of elite runners; and Oakwood Hospital of Rockford, who sponsored the event in conjunction with the Rockford Road Runners.

Plans are already underway for next year's event. With the billing of "Illinois' fastest mile," one can only imagine what will happen in 1991.

(photo courtesy of the Rockford Register Star)



Rachelle Roberts

STATE STREET MILE RESULTS

Men's Fast Heat Results

Place	Name	Age	Hometown	Time
1	Mark Deady	22	Bloomington, IN	3:55.2
2	Rodney DeHaven	24	Madison, WI	3:55.3
3	Greg Dornantay	24	Lake Forest, IL	3:57.4
4	Jeff Jacobs	26	Roscoe, IL	3:58.5
5	Mike Huffman	24	Madison, WI	3:59.6
6	Kenneth Popejoy	39	Wheaton, IL	4:06.7
7	Michael Deignan	24	Madison, WI	4:06.8
8	Jay Jackson	25	N/A	4:08
9	Mike Gebeke	25	Naperville, IL	4:08
10	Mike Fgle	28	DesPlaines, IL	4:11
11	Cordy Smith	25	Rockford, IL	4:13
12	Michael Burns	24	Rockford, IL	4:15
13	Stephen Clark	23	Dixon, IL	4:17
14	Dan Copper	25	Sterling, IL	4:18
15	Tim Ryder	19	Rockford, IL	4:18
16	Jeff Winterheimer	25	Rockford, IL	4:23
17	Jeangelan Ruleau	32	Streamwood, IL	4:24
18	John Enright	35	Belvidere, IL	4:31
19	Lee Jampeol	25	Chicago, IL	4:52

Women's Fast Heat Results

Place	Name	Age	Hometown	Time
1	Rachelle Roberts	23	Columbus, IN	4:42.2
2	Jean McGould	25	Chicago, IL	4:46.4
3	Kimberly Schneckloth	23	Mt. Prospect, IL	4:48.5
4	Linda Gill	32	Lake Forest, IL	4:49.7
5	Carole Harris	23	Chicago, IL	4:54.4
6	Carla Hervet	31	Chicago, IL	4:59.2
7	Carolyn Smith	25	Rockford, IL	4:59.7
8	Cynthia Wood	34	N/A	5:01.8
9	Jessica Langford	19	Winnebago, IL	5:11.6

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STATE STREET MILE RESULTS (continued)

Competitive Men's Heat Results

Ages 1 to 13

Place	Name	Age	Hometown	Time
72	Josh Jones	9	Belvidere, IL	5:42
82	Matt Geiseman	13	Freeport, IL	5:53
88	Marty Anderson	13	Machesney Park, IL	5:57
95	Nathan Auker	13	Rockford, IL	6:14
96	Kenneth Bland	13	Monroe Center, IL	6:15
100	Mark Anderson	12	Chicago, IL	6:21
112	Justin Martin	11	N/A	6:44
114	Roy Detzner	13	Loves Park, IL	6:51

Ages 40 to 44

Place	Name	Age	Hometown	Time
21	Kenneth McClelland	40	Rockford, IL	4:51
56	Randy Theien	43	Rockford, IL	5:28
58	Robert Pollman	42	Rockford, IL	5:30
60	Blaine Backman	41	Rockford, IL	5:32
70	Raymond Ksiazak	41	Rockford, IL	5:40
71	Ron Carr	42	Rockford, IL	5:41
89	Dennis Hoffmeister	44	Oregon, IL	5:58
98	Chuck Erickson	44	Rockford, IL	6:19

Ages 19 to 24

Place	Name	Age	Hometown	Time
5	Jeff Jackson	22	Byron, IL	4:33
10	Jeffrey Schemel	20	Machesney Park, IL	4:39
11	Mark Anderson	20	Rockford, IL	4:41
13	Len Lindquist	19	Rockton, IL	4:44
15	Ron Zimmes	20	San Jose, CA	4:47
22	Andy McKean	22	Roscoe, IL	4:51
31	Eric Wallin	19	Rockford, IL	5:01
32	John Dempsey	22	Rockford, IL	5:05
40	Leonard Emery	24	Machesney Park, IL	5:11
51	Patrick Webster	19	Rockford, IL	5:23

Ages 45 to 49

Place	Name	Age	Hometown	Time
37	Alan Hutchcroft	49	Rockford, IL	5:09
44	George Tillett	47	Roscoe, IL	5:14
46	Bob Jonas	46	Rockford, IL	5:16
50	Jerry Hewitt	48	Rockford, IL	5:21
57	Ron Cornelius	47	Rockford, IL	5:29
61	Eugene Valadez	47	Skokie, IL	5:33
64	David Helland	49	Rockford, IL	5:34
84	Bob Persson	46	Rockford, IL	5:54
92	Vince Anderson	46	Chicago, IL	6:09
101	Russell Adams	48	Davis Junction, IL	6:22

Ages 25 to 29

Place	Name	Age	Hometown	Time
2	Scott Toelke	25	Ridott, IL	4:28
7	Brian Miller	29	Rockford, IL	4:34
14	Kevin O'Grady	27	Rockton, IL	4:47
18	Matt Trojnar	29	Rockford, IL	4:48
27	Jim Dale	27	Garden Prairie, IL	4:55
33	Brian Sewell	28	Rockford, IL	5:06
36	Jay Johnson	29	Reston, VA	5:08
47	Rod Fritsch	29	Rockford, IL	5:17
49	Todd Grauvogl	26	Cambridge, WI	5:21
76	John Kunde	25	Rockford, IL	5:47

Ages 50 to 54

Place	Name	Age	Hometown	Time
63	Bob Sharp	54	Rockford, IL	5:34
67	Roger Palmer	50	Rockford, IL	5:37
90	Bob Conboy	51	Rockford, IL	5:58
93	Jim Roberts	50	Rockford, IL	6:10
110	Dave Marshili	51	Belvidere, IL	6:39

Ages 55 to 59

Place	Name	Age	Hometown	Time
79	John Bienfang	58	Rochelle, IL	5:49
108	Glen Lehr	55	Harvard, IL	6:34
115	Dutch Rittweger	56	Rockford, IL	7:22

Ages 30 to 34

Place	Name	Age	Hometown	Time
1	Dave Linton	34	Roscoe, IL	4:25
4	Mark Hepworth	32	Rockford, IL	4:32
6	Tom Bell	30	Kirkland, IL	4:34
8	Lenny Mustari	33	Oak Park, IL	4:36
12	Doug Johnson	31	Rockford, IL	4:43
16	John Irving	31	Rockford, IL	4:47
17	Derrick Roe	34	Rockford, IL	4:48
23	Fred Hervert	32	Chicago, IL	4:51
24	Michael Broski	30	Rockford, IL	4:52
26	Darrell Johnson	34	Rockford, IL	4:54

Ages 65 to 69

Place	Name	Age	Hometown	Time
113	Chuck Engelsma	68	Rockford, IL	6:48

Ages 70 to 99

Place	Name	Age	Hometown	Time
116	Ray Treadway	74	Rockford, IL	7:23
118	Earlom Cole, Sr.	71	Stillman Valley, IL	7:50

Ages 35 to 39

Place	Name	Age	Hometown	Time
3	John Alan Maxson III	36	Rockford, IL	4:30
9	Mike Mapes	37	Rockford, IL	4:39
19	Jeff Schultz	37	Rockford, IL	4:49
20	Tom Detzner	39	Loves Park, IL	4:50
25	Jim Sackmaster	37	Rockford, IL	4:53
30	Dave Johnson	35	Rockford, IL	4:59
34	Jeff Potts	35	Rockford, IL	5:06
39	Ron Brockmann	37	N/A	5:11
42	Jeff Wilmarth	37	Byron, IL	5:13
48	David Trumble	36	Freeport, IL	5:19

BUS TO CHICAGO MARATHON CONSIDERED

The Chicago Marathon is scheduled for Sunday, October 28. We need at least 25 people to charter a bus. Whether you want to run or watch the marathon, call Ed Clucas at 1-874-7227 if you want to go. Please let Ed know as soon as possible so he can decide if chartering a bus is possible.

STATE STREET MILE RESULTS (continued)

Competitive Women's Heat Results

Ages 1 to 13

Place	Name	Age	Hometown	Time
6	Brooke Netzt	11	Polo, IL	6:21
12	Amy Johnson	12	Oregon, IL	6:47
19	Missy Detzner	9	Loves Park, IL	8:03

Ages 19 to 24

Place	Name	Age	Hometown	Time
2	Kimberly Hoffmeister	19	Oregon, IL	5:55
5	Cheri Werner	19	Poplar Grove, IL	6:18

Ages 25 to 29

Place	Name	Age	Hometown	Time
11	Lisa Jackson	29	Schaumburg, IL	6:44
15	Brenda Quast	27	Belvidere, IL	6:54
18	Lisa Dolan	28	Winnebago, IL	8:02

Ages 30 to 34

Place	Name	Age	Hometown	Time
3	Lori Garnhart	34	Rockford, IL	5:59
4	Mendy Thomas	31	Rockford, IL	6:07
17	Wendy Wylre	33	Belvidere, IL	7:05
20	Susan Swanson	34	Rockford, IL	8:10

Ages 35 to 39

Place	Name	Age	Hometown	Time
7	Barb Davitt	36	Rockford, IL	6:23
9	Susan O'Connor	36	Rockford, IL	6:28
48	Jan Bland	36	Rockford, IL	6:48

Ages 40 to 44

Place	Name	Age	Hometown	Time
1	Kate Hennessey	44	Rockford, IL	5:24
14	Carol Upmann	40	Rockford, IL	6:50

Ages 45 to 49

Place	Name	Age	Hometown	Time
8	Barb Clucas	48	Rockford, IL	6:27
10	Marie Curran	48	Rockford, IL	6:38
16	Delores Trumble	47	Freeport, IL	6:55
21	Luci Hoover	46	Rockford, IL	8:47
22	Judy Dempsey	49	Rockford, IL	9:28

Ages 55 to 59

Place	Name	Age	Hometown	Time
23	Barbara Lewis	58	Rochelle, IL	10:44

Male High School Heat Results

Place	Name	Age	Hometown	Time
1	Justin Smith	17	Sterling, IL	4:30
2	Don Gramer	16	Rockford, IL	4:45
3	Joe Holmbery	17	Rockford, IL	4:48
4	Scott Harvey	17	Rockford, IL	4:50
5	Colin Andrews	15	Rockford, IL	4:50
6	Steve Watson	17	Rockford, IL	4:52
7	Greg Whelan	16	Cherry Valley, IL	4:53
8	Dan Pippel	16	Rockford, IL	4:57
9	Joe Schoonmaker	14	Rockton, IL	4:57
10	Marcus Moore	17	Rockford, IL	5:00
11	Gregory Johnson	15	Loves Park, IL	5:02
12	Leoff Johnson	15	Belvidere, IL	5:02
13	Andy Wallin	16	Rockford, IL	5:04
14	Brad Theien	15	Rockford, IL	5:13
15	Clinton John Tarpley	15	Byron, IL	5:18
16	Doug Gramer	14	Rockford, IL	5:22
17	Aaron Johnson	16	Oregon, IL	5:30
18	Dean Hoffmeister	14	Oregon, IL	5:35
19	Dan Dickover	17	Rockford, IL	5:38
20	Scott Rifkin	14	Rockford, IL	5:47
21	Bobby Purvis	15	Belvidere, IL	7:47

Female High School Heat Results

Place	Name	Age	Hometown	Time
1	Cheyenne Schnorr	16	Pecatonica, IL	5:50
2	Holly Lorr	17	Rockton, IL	6:07
3	Margaret Jonas	15	Rockford, IL	6:21
4	Kathleen Yarger	14	Belvidere, IL	7:00
5	Crystal Sezner	14	Loves Park, IL	8:20

WED. NITE RUNS BACK TO ROCK CUT

Wednesday night fun runs are back at Rock Cut State Park during September. Runs will start every Wednesday night at 6 P.M. except for the first Wednesday. Starting October 10, the runs will move to the YMCA Recreational Pathway. If you have any questions, contact Ed Clucas at 1-874-7227.

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